



Department of Physics
Integral University, Lucknow, Uttar Pradesh, India.

Detailed Report on Extension Activity

- **Name of the Event:** Swaccha Bharat Mission-One Step Towards Cleanliness
- **Session and Date of the Event:** 2020-21, 17th November, 2021
- **Place of the Event:** Adhar Khara Village, Bakshi ka Talab, Lucknow
- **Name of the department/institute who organized the event:** Department of Physics, Integral University
- **Name of the Collaborating Agency:** Prathmik Vidhyalaya, Adhar Khara Bakshi ka Talab, Lucknow
- **Number of the staff/faculty members involved:** 02
- **No of students participating from the Department:** 07
- **No of students participating from other departments:** 17
- **No of students participating from Prathmik Vidhyalaya, Adhar Khara:** 29
- **No of Participants (villagers) who are not students but participated:** 05
- **Co-ordinators of the Activity:** Dr. Syed Salman Ahmad Warsi and Dr. Haroon

Significance of the Activity:

"CLEANLINESS IS NEXT TO GODLINESS"

Father of Nation, Mahatma Gandhi was one of the great influencers who always followed this mantra. He demonstrated, propagated, and insisted on individual and community cleanliness throughout his life. Following his footprints, the Swachh Bharat Mission campaign achieved encouraging results. The Swachha Bharat Abhiyaan is the most significant cleanliness campaign by the Government of India. It is the responsibility of the entire citizens to keep their surroundings clean and hygienic. It also brings good and positive thoughts to the mind which slows down the occurrence of diseases. Community people are also required to come forward to maintain their surroundings clean. To do their own bit in the humongous task of this noble cause, the students of the Department of Physics, Integral University have also taken an initiative one step towards cleanliness.

Activities Performed:

The Faculty coordinators and students of Integral University made their own arrangements to reach the Prathmik Vidhyalaya. After reaching the Prathmik

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Vidhyalaya, they interacted with the staff members, and children of Prathmik Vidhyalaya and also with the local villagers. All of them were very curious about the activity and when they were briefed about the cleanliness of their surroundings and personal hygiene, they actively participated in the various activities. To encourage them, students of Integral University, with the help of students and local villagers cleaned the school and its surroundings. Students were asked to use a dustbin for the dumping of garbage. The importance of daily sweeping to keep the surroundings clean was also demonstrated. For personal hygiene, all were encouraged to use toilets, sanitizers, hand wash on the regular basis to avoid various diseases. For this purpose, the team donated dustbin, gloves, sanitizers, floor cleaner and toilet cleaner to the school. Few students also participated in the mid-day meal distribution to the children.

The program ended on a high note with the distribution of refreshments to the staff, children and local villagers.

Dr. Syed Salman Ahmad Warsi

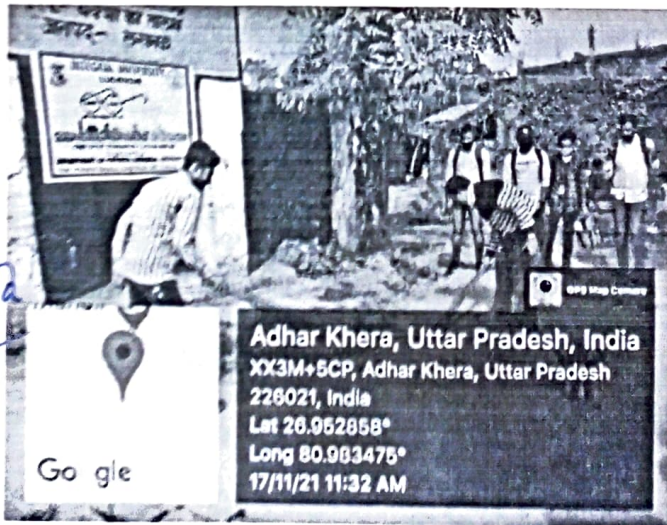
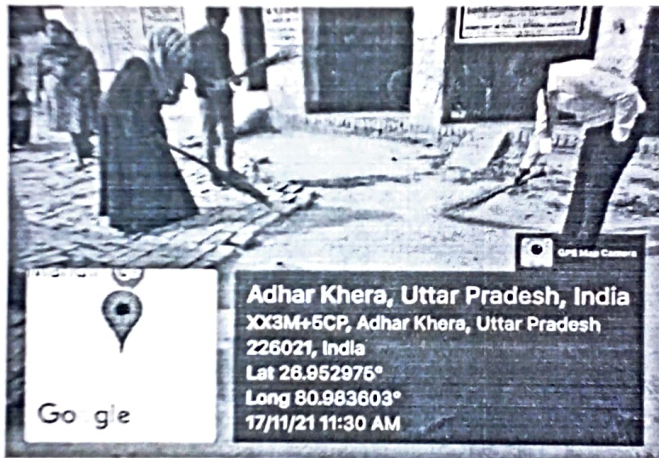
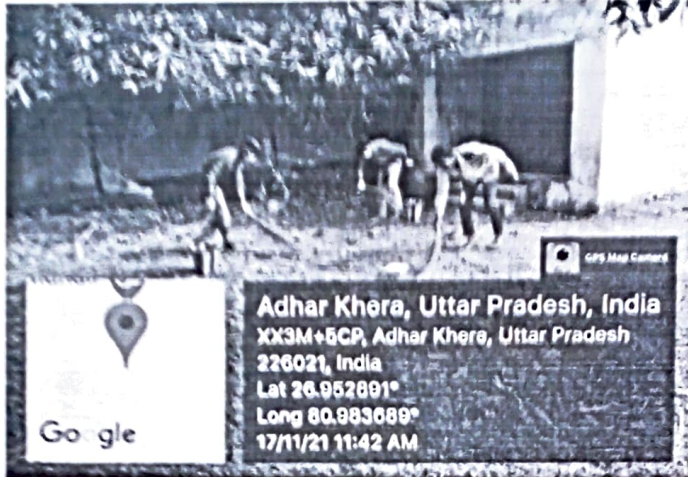
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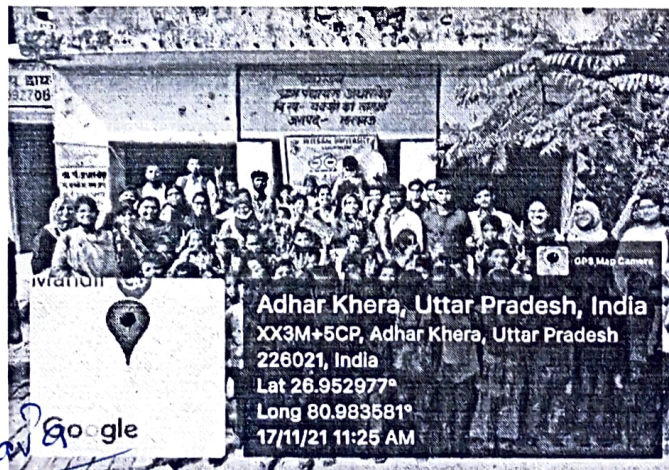
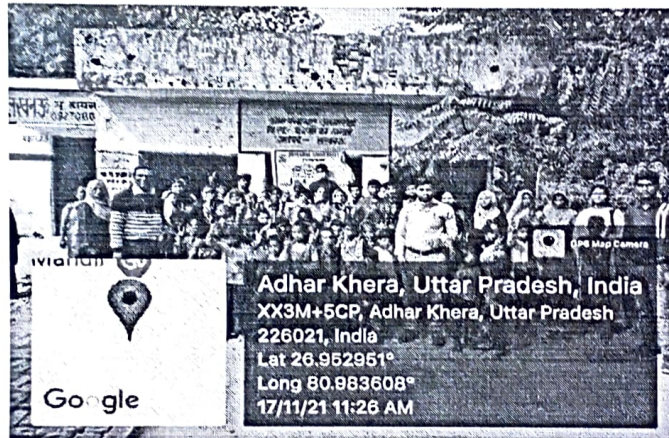
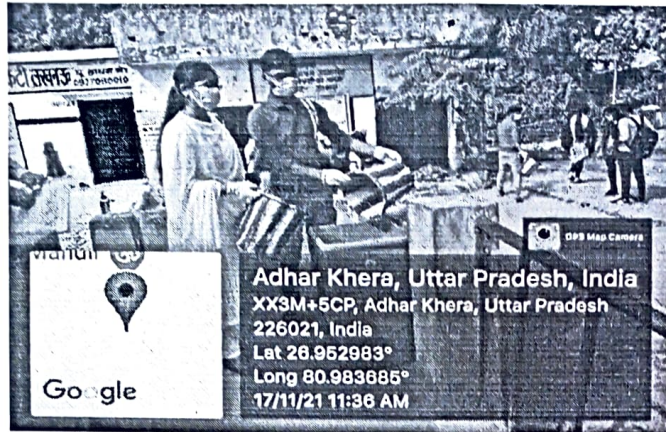
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